

CPA - Counselling Psychology Executive Meeting – Minutes

March 06 (Friday) 2026 at 9 am – 10:30 am (Pacific Time)/10 am (Mountain Time)/12 pm (Eastern Time)

Present: Kirby Huminuik (past-chair), Danika Overmars (chair), Jon Woodend (Secretary-Treasurer), Sonya Flessati (member-at-large: Convention Submission Review Coordinator); Danielle Shinbine (student representative), Janet Miller (newsletter editor).

Regrets: None

Positions Unfilled: Chair-elect; Member-at-large: Awards coordinator.

Item	Action	Person(s) Responsible
1. Welcome		
2. Approval of Agenda and Minutes from Last meeting a. Called to approve agenda: Motion passed b. Approval of February minutes	Upload approved minutes	Jon
3. Section Newsletter – Kaleidoscope a. Issue before the convention i. Executive member updates ii. Sound corner/Apps article iii. Indigenous resources article iv. Webinar article v. Notice of AGM vi. Keynote article vii. Awards article (or email flyer) b. Hot topics (state of the field): i. Research	Send drafts to Janet by 10 th April	Everyone Sonya Jon/Danika Sonya Danika Danika Sonya

ii. Supervision iii. Practice iv. Students		
4. Budget Planning a. Budget updates i. Maintaining strong financial position ii. 2026-2027 Budget: 1. Submit request to CPA for both working group research assistant AND research project incentives 2. Consider inclusion of webinars in section by-laws 3. Kirby and Jon to setup a call with CPA head office to understand process for special projects iii. Include student representative convention travel honorarium (\$500)	Inform CPA head office of previously approved activities Send email invitation	Jon Kirby
5. Webinar Series a. Sonya doing a webinar – one-time approval from CPA head office. Membership need opportunity to dissent to honorarium b. Kirby to wait to offer webinar until executive position is finished	Send email notifying of webinar Email CPA re: webinar setup	Danika Sonya
6. CPA (2026) Convention a. Find reviewers for poster session once the convention schedule is released	Send email to previous reviewers	Sonya/Kirby

	Send email invitation through listserv and in Kaleidoscope	Danika/Sonya
7. Awards Planning a. Continue sharing information about awards to students, faculty, practitioners in the field to generate ideas for student awards and Distinguished Member award	Share information with networks	Everyone
8. Date for Next Meeting & Adjournment a. 17 April at 9 am PT/10 am MT	Arrange meeting time and send meeting link	Jon

Minutes prepared by: Jon Woodend